The Amputee Rehabilitation team offers customised programmes to inpatients and outpatients who require limb amputations arising from diabetes, vascular injuries and disease, trauma, work-related injuries and oncological reconstruction to lead empowered lives.

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For more information
Ng Teng Fong General Hospital and Jurong Community Hospital
1 Jurong East St 21, Singapore 609606
General enquiries: 6716 2000  Fax: 6716 5500
www.juronghealth.com.sg

Clinical and appointment line hours (closed on Sundays and public holidays)
For appointments, please call 6716 2222
Monday - Friday 8.00am - 5.30pm, Saturday 8.00am - 12.30pm
For dental appointments, please call 6716 2233
Monday - Thursday 8.00am - 5.30pm, Friday 8.00am - 5.00pm

Getting there
By train
Jurong East MRT Station
By bus
From Jurong East Bus Interchange
SBS 51, 52, 66, 78, 79, 97, 97e, 98, 98M, 105, 143, 143M, 160, 183, 197, 333, 334, 335, 506
Along Boon Lay Way
SBS 99, Private bus service 625
The Amputee Rehabilitation team offers customised programmes to inpatients and outpatients who require limb amputations arising from diabetes, vascular injuries and disease, trauma, work-related injuries and oncological reconstruction to lead empowered lives.
Caring for you

The Amputee Rehabilitation team comprises rehabilitation professionals and medical specialists who provide comprehensive assessments, treatments and education on diabetic management, lifestyle adaptation and health promotion to help patients transit back to the community. Assistive device consultations, specialised prosthetic assessment and training with standard prostheses empower patients to manage day-to-day tasks confidently.

Rehabilitation Physician

A rehabilitation physician (doctor) monitors and prevents a wound from worsening. He/she helps a patient cope with pain and works with other members of the team to address issues like mobility, self-care, continence, community reintegration and employment.

Medical Social Worker

Medical Social Workers (MSWs) offer pre-amputee counselling to patients on care planning, financial counselling (healthcare costs and daily living expenses), disability counselling and appropriate referrals on post-discharge rehabilitation and sheltered employment. These services help them return to community-living better.
Physiotherapist
Physiotherapists care for patients before and after their lower limb amputation. Exercise handouts are given together with rehabilitation advice before surgery. After the operation patients learn to regain physical function through exercises designed to improve movement and function, lower complications and mobility problems. An outpatient rehabilitative programme can follow after discharge if required, as well as arrangements for a false limb fitting.

Nurse
Nurses play an important role in a patient’s post-surgery recovery as they care for the wound and keep it dry. Keeping the wound dry prevents an infection from occurring. Please alert our healthcare staff if you notice any of these happening to your wound:

- Fever
- Gap in the wound and discharges draining out of the wound
- Increased pain or tenderness
- Pus
- Redness
- Swelling
- Warmth in the wound area

Occupational Therapist
Occupational Therapists help patients manage their stump, regain independence and return to normal activities confidently.

Managing a stump
After amputation, a Rigid Removable Dressing (RRD) is moulded on the stump to protect it from further injury. Made of special fibre glass material, it brings down swells and the stump to a good shape to prepare a patient for a prosthetic leg fitting.

Podiatrist
A podiatrist aims to prevent another amputation from occurring. After a limb amputation, it is common to shift your body weight to the other leg. This causes stress to that limb or foot. Diabetic patients are at higher risk of another amputation with prolonged weight-bearing on the other foot, especially if there is ulceration. Podiatrists make recommendations on suitable footwear and custom insoles to prevent trauma to the foot.
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Wheelchair training
An occupational therapist will advise a wheelchair with an elevating footrest to help you rest your stump comfortably and keep it straight. He/she will also teach you how to manoeuvre it safely.

Regaining independence
Learn to cope with everyday tasks such as wearing clothes and using the bathroom safely with the help of assistive devices. Occupational therapists also make home visits and advise on home safety modifications.

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An example of an insole to offload pressure
Amputee Rehabilitation
Lower Limb Amputation

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